

Our response to the Fonagy Review

Easy read summary

What we believe

People should get safe, timely help that improves everyday life.



Our central message

Support should be based on need, with diagnosis and specialist care available when needed.

What this should mean for people

1



Help before diagnosis

People should not have to wait for useful support.

2



A good assessment

Assessment should be careful, fair and focused on the whole person.

3



Support after diagnosis

Diagnosis should be the start of support, not the end of care.

4

The same quality rules

NHS and independent services should meet clear safety and quality standards.



5

Services working together

Health, education, work and community support should join up.



People must be protected during change

- ✓ Meaningful support while waiting
- ✓ Clear routes to specialist help
- ✓ No removal from a waiting list just to improve figures
- ✓ Continuity of treatment and medication
- ✓ Adults and young people both included
- ✓ A choice of digital and non-digital support

Reform must work in real life

It needs enough trained staff, specialist services, funding and clear responsibilities.

Success means:

- safer care
- shorter waits for meaningful help
- better everyday outcomes

People are more than a diagnosis. The system should be designed around their needs.