



ADHD 360 Limited  
Unit 5 Deepdale Enterprise Park  
Deepdale Lane  
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LN2 2LL

### Important Update Regarding Your ADHD Care

Current demand for ADHD services across England is higher than the NHS financial resources available and, under new NHS guidance, the NHS Trust in your area, NHS Leicester, Leicestershire, and Rutland, is required to use contractual controls to manage demand and keep services within locally available budgets. Leicester, Leicestershire, and Rutland ICB have asked us to work within a specific budget allocation for 2025/26. This means we can accept your referral and add you to the waiting list, but there may be delays, above our normal advertised wait times, before we can offer an appointment date for an ADHD assessment.

Your referral date will be protected, and appointments will be booked in referral date order as soon as further funding becomes available. At this stage, we expect this to be from April 2026 onwards.

There is further information on the ICB website:

<https://leicesterleicestershireandrutland.icb.nhs.uk/elementor-27068/>.

The ICB has also provided links to additional information on ADHD, including support for waiting well: <https://www.leicspart.nhs.uk/while-you-wait/adhd/>

Should you wish to explore alternative care options or raise a concern about the decision that the NHS has taken, please contact the ICB's PALS team at [Patient Advice and Liaison Service \(PALS\) - Leicestershire Partnership NHS Trust](#)

We, and the ICB, deeply regret the disruption this may cause and understand the impact this decision may have on your care.

If your symptoms worsen or you feel your mental health is deteriorating, we strongly encourage you to contact your GP or call the NHS on 111 as soon as possible. They will be able to advise on appropriate next steps and alternative support options.

**If you are concerned about an immediate risk of harm, either to yourself or someone else, then phone 999 immediately.**

We will of course update you should circumstance change. Thank you for your understanding and for allowing us to be part of your care journey.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Michael Aldridge', written over a light blue horizontal line.

Michael Aldridge

Chief Operating Officer

ADHD 360 is a licensed service provider to the NHS licence number 200207.

ADHD 360 Limited is registered with the CQC under the Health and Social Care Act 2008 reference CRT-6785869383

ADHD 360 provide patient support weekdays (9.00am - 7.00pm) and weekends (Saturday 10.00am - 4.00pm). ADHD 360 cannot provide an emergency nor crisis service. If you have a medical emergency, you should contact the NHS on 111 or if serious 999.