



ADHD 360 Limited
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Important Update Regarding Your ADHD Care

The services we provide for NHS patients in Bristol, North Somerset and South Gloucestershire are guided by an annual activity plan set by the local NHS Integrated Care Board (ICB).

The plan sets out in broad terms how much activity (e.g. assessments and associated care and treatment) the ICB requires from us to meet the needs of its population, while also meeting its waiting time targets and legal duty to stay in financial balance.

We are managing our activity for Bristol, North Somerset and South Gloucestershire NHS patients in line with our plan and are continuing to accept new referrals. We are also continuing to provide ongoing care for people whose treatment has already started.

However, any Bristol, North Somerset and South Gloucestershire patients who don't have a booked assessment are currently being held on a waiting list.

We appreciate this is frustrating for you and apologise for the delay in your assessment. We are unable to provide specific waiting times, but if you choose to stay on our waiting list, we will contact you when we are able to offer you an assessment booking. People on our waiting list will be booked in referral date order.

What does this mean if I already have an appointment or I'm already receiving treatment?

We are continuing treatment for the following priority groups as normal. If you are in one of the following categories your care will continue as planned without interruption:

- Patients who are already receiving ADHD medication who require ongoing management and reviews
- Patients who are diagnosed and awaiting treatment
- Patients who are part-way through their assessment
- Patients whose assessment date is already booked

What support is available for patients who are waiting for an assessment?

If you think you or your child may have ADHD, we strongly recommend that you explore the help and advice available from local organisations. The NHS, schools, councils and charities provide a wide range of support, most of which can be accessed without a formal diagnosis of ADHD.

Understanding and addressing needs at an early stage is associated with much better outcomes for people with neurodivergent conditions, so you should not put off seeking help while waiting for an assessment.

If you or someone in your family is experiencing a mental health crisis and need urgent medical help, please contact NHS 111 and select option 2. In a life-threatening emergency, call 999 or go straight to A&E.

Where can I find out more about Right to Choose and support available in my area?

Please visit the NHS Bristol, North Somerset and South Gloucestershire ICB website:

www.bnssghealthiertogether.org.uk/accessing-autism-and-adhd-assessments-via-right-to-choose/

We will of course update you should circumstance change. Alternatively, ADHD360 are able to offer private ADHD assessments with a current waiting time of 3-5 weeks.

Thank you for your understanding and for allowing us to be part of your care journey.

Yours sincerely,



Michael Aldridge
Chief Operating Officer

ADHD 360 is a licensed service provider to the NHS licence number 200207.

ADHD 360 Limited is registered with the CQC under the Health and Social Care Act 2008 reference CRT-6785869383

ADHD 360 provide patient support weekdays (9.00am - 7.00pm) and weekends (Saturday 10.00am - 4.00pm). ADHD 360 cannot provide an emergency nor crisis service. If you have a medical emergency you should contact the NHS on 111 or if serious 999.